

Week 1

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2025/2026 Batch Year 1 Semester 1 Final Time Table

Week 02

Time	Day 6 Monday 26.10.2026		Day 7 Tuesday 27.10.2026		Day 8 Wednesday 28.10.2026	Day 9 Thursday 29.10.2026		Day10 Friday 30.10.20216	
8.00-9.00	Introduction to Dissections Anatomy Dissection Whole Batch Dr. LP, Prof. KD & all Anatomy staff		Shoulder & pectoral region Anatomy Lecture Prof. HA		Cell and Plasma Membrane Biochemistry Lecture Prof. CNRAA	RMP & AP Physiology Lecture Prof.TD		Regulation of Enzyme Activity Biochemistry Lecture Dr. WITF	
9.00-10.00			Axilla & brachial plexus Anatomy Lecture Prof. HA		Biochemistry Reading Time 03			Biochemistry Reading Time 04	
10.00-10.15	TEA BREAK								
10.15-11.15	Introduction to Dissections Anatomy Dissection Whole Batch Dr. LP, Prof. KD & all Anatomy staff		Introduction to Nervous System, Typical spinal nerve, Dermatomes, Myotomes & Cutaneous innervation Anatomy Lecture Dr. LP		Enzymes Biochemistry Lecture Dr. WITF	Physiology Reading Time	Synaptic transmission Physiology Lecture Prof. TD		
11.15-12.15							Neuromuscular junction Physiology Lecture Dr. DM		
12.15-1.15	LUNCH BREAK								
1.15-2.15	Microscopy and cell Histology Practical Group 16-20 Prof. KD, Dr. LP & all Anatomy staff	Group 1-15 Anatomy Reading Time	Microscopy & cell Histology Practical Group 11-15 Dr. JJ, Prof. HA & all Anatomy staff	Group 1-10, 16-20 Anatomy Reading Time	Meet your mentor	Orientation to the Laboratory, Lab Safety and Instrument Handling Biochemistry PD Dr. SPRPP & all Biochemistry staff (Gr. 1-10)	Body composition /Osmotic fragility Physiology PD Prof. DN & Physiology (Gr. 11 -20)	Orientation to the Laboratory, Lab Safety and Instrument Handling Biochemistry PD Dr. SPRPP & all Biochemistry staff (Gr. 11-20)	Body composition /Osmotic fragility Physiology PD Prof. DN & Physiology (Gr. 1 -10)
2.15-3.15					SGL				
3.15-4.15					Anatomy Reading Time				

2025/2026 Batch Year 1 Semester 1 Final Time

Time	Day 11 Monday 02.11.2026		Day 12 Tuesday 03.11.2026		Day 13 Wednesday 04.11.2026	Day 14 Thursday 05.11.2026		Day 15 Friday 06.11.2026		
8.00-9.00	Epithelia, glands & Connective tissue Histology practical Group 6-10 Prof. HA, Dr. LP & all Anatomy staff	Group 1-5, 11-20 Anatomy Reading Time	Epithelia, glands & Connective tissue Histology practical Group 16-20 Prof. KD, Dr. JD & all Anatomy staff	Group 1-15 Anatomy Reading Time	Introduction to Energy for the Cell and Glycolysis Biochemistry Lecture Dr. WITF	Contraction & relaxation of Muscle Physiology Lecture Prof. ASA		TCA Cycle Biochemistry Lecture Dr. WITF		
9.00-10.00					Biochemistry Reading time 05			Biochemistry Reading time 06		
10.00-10.15	TEA BREAK									
10.15-11.15	Epithelia, glands & Connective tissue Histology practical Group 11-15 Dr. JD, Dr. JJ & all Anatomy staff	Group 1-10, 16-20 Anatomy Reading Time	Epithelia, glands & Connective tissue Histology practical Group 1-5 Dr. JJ, Dr. LP & all Anatomy staff	Group 6-20 Anatomy Reading Time	Enzymes Biochemistry SGD 1 Dr. WITF & all Biochemistry staff	Physiology reading time		Changes in muscle mass to meet the functional demand Physiology Lecture Prof TD		
1.15-12.15										
12.15-1.15	LUNCH BREAK									
1.15-2.15	Human Skeleton & Osteology of Upper Limbs Gross Anatomy Practical Dr. JJ, Dr. LP & all Anatomy staff		Superficial veins & Cutaneous innervations Anatomy Dissections Whole Batch Dr. JD, Prof. KD & all Anatomy staff		PPD & English		Cell and Biomolecules Biochemistry PD Prof. CNRAA & all Biochemistry staff (Gr. 11-20)	Physiology reading time	Cell and Biomolecules Biochemistry PD Prof. CNRAA & all Biochemistry staff (Gr. 1-10)	Physiology reading time
2.15-3.15										
3.15-4.15										

2025/2026 Batch Year 1 Semester 1 Final Time

Week 04

Time	Day 16 Monday 09.11.2026		Day 17 Tuesday 10.11.2026		Day 18 Wednesday 11.11.2026	Day 19 Thursday 12.11.2026		Day 20 Friday 13.11.2026		
8.00-9.00	Bone & cartilage histology Anatomy Lecture Prof. HA		Classification of Joints Anatomy Lecture Prof. HA		Electron Transport Chain Biochemistry Lecture Prof. CNRAA	Physiology reading time		HMP Shunt, and Metabolism of Fructose and Galactose Biochemistry Lecture Dr. SPRPP		
9.00-10.00	Arm & cubital fossa Anatomy Lecture Dr. LP		Forearm Anatomy Lecture Dr. WK		Biochemistry Reading Time 07	Introduction to thermoregulation Physiology Lecture Prof. SDIN		Biochemistry Reading time 09		
10.00-10.15	TEA BREAK									
10.15-11.15	Bone, cartilage & muscle Histology Practical Group 16-20	Group 1-15 Anatomy Reading Time	Bone, cartilage & muscle Histology Practical Group 6-10	Group 1-5, 11-20 Anatomy Reading Time	Glycogen Metabolism Biochemistry Lecture Dr. WITF	Regulation of body temperature Physiology Lecture Prof. SDIN		Physiology reading time		
11.15-12.15	Dr. JJ, Prof. HA & all Anatomy staff		Prof. HA, Dr. LP & all Anatomy staff		Biochemistry Reading Time 08					
12.15-1.15	LUNCH BREAK									
1.15-2.15	Bone, cartilage & muscle Histology Practical Group 1-5	Group 6-20 Anatomy Reading Time	Bone, cartilage & muscle Histology Practical Group 11-15	Group 1-10, 16-20 Anatomy Reading Time	PPD & English		Biochemistry Reading time	Measurement of body temperature Physiology PD	Measurement of body temperature Physiology PD	
2.15-3.15	Dr. WK, Prof. KD & all Anatomy staff		Dr. LP, Prof. KD & all Anatomy staff					Prof SDIN & all Physiology Staff	Biochemistry Reading time	Prof SDIN & all Physiology Staff
3.15-4.15	Anatomy Reading Time		Anatomy Reading Time					(Gr. 1-10)	(Gr. 11-20)	

2025/2026 Batch Year 1 Semester 1 Final Time

Time	Day 21 Monday 16.11.2026	Day 22 Tuesday 17.11.2026	Day 23 Wednesday 18.11.2026	Day 24 Thursday 19.11.2026		Day 25 Friday 20.11.2026	
8.00-9.00	General embryology Lecture I Anatomy Lecture Prof. KD	Hand Anatomy Lecture Prof. HA	Metabolism of Amino Acids Biochemistry Lecture Dr. SPRPP	Composition of Blood Physiology Lecture Prof. ASA		Metabolism of Fat, Ketone Bodies and Cholesterol II Biochemistry Lecture Prof. CNRAA	
9.00-10.00	General embryology Lecture II Anatomy Lecture Prof. KD		Gluconeogenesis Biochemistry Lecture Dr. WITF			Biochemistry Reading time 10	
10.00-10.15	TEA BREAK						
10.15-11.15	Pectoral region, scapular region Anatomy Dissection Whole Batch	Axilla & Brachial Plexus Anatomy Dissections Shoulder joint Prosections/imaging	Metabolism of Fat, Ketone Bodies and Cholesterol I Biochemistry Lecture Prof. CNRAA	Overview of the immune system Physiology lecture Prof. ASA		Physiology reading time	
11.15-12.15	Prof. KD, Dr. JJ & all Anatomy staff	Whole Batch Dr. LP, Dr. JJ & all Anatomy staff		Physiology Reading Time			
12.15-1.15	LUNCH BREAK						
1.15-2.15	Pectoral region & scapular region Anatomy Dissections	Axilla & Brachial Plexus Anatomy Dissections Shoulder joint Prosections/imaging	PPD & English	Biochemistry Reading time	Physiology reading time	Biochemistry Reading time	Physiology reading time
2.15-3.15	Whole Batch Dr. WK, Dr. LP & all Anatomy staff	Whole Batch Prof. HA, Prof. KD & all Anatomy staff					
3.15-4.15							

2025/2026 Batch Year 1 Semester 1 Final Time Table

Week 6

Time	Day 26 Monday 23.11.2026	Day 27 Tuesday 24.11.2026	Day 28 Wednesday 25.11.2026	Day 29 Thursday 26.11.2026		Day 30 Friday 27.11.2026	
8.00-9.00	Arm(anterior) and cubital fossa Anatomy Dissections Elbow joint Whole Batch prosections/images Whole Batch Dr. WK, Prof. KD & all Anatomy Staff	Holiday	Integration of Metabolism Biochemistry Lecture Dr. SPRPP	Anaemia & Polycythaemia Physiology Lecture Dr. DM		Tissue-specific Metabolism Biochemistry Lecture Dr. SPRPP	
9.00-10.00						Biochemistry Reading time 11	
10.00-10.15	TEA BREAK						
10.15-11.15	Arm (anterior) & Cubital Fossa Anatomy Dissections Elbow joint Prosections/Imaging Whole Batch Dr. LP, Prof. HA & all Anatomy staff	Holiday	Bioenergetics and Metabolism Biochemistry SGD 2 Dr. SPRPP & all Biochemistry staff	Autonomic Nervous system Physiology Lecture Prof. DN		General embryology Lecture III Anatomy Lecture Prof. KD	
11.15-12.15						Embryology Lecture IV Anatomy Lecture Prof. KD	
12.15-1.15	LUNCH BREAK						
1.15-2.15	Forearm flexor compartment Anatomy Dissections Whole Batch Dr. LP, Dr. JJ & all Anatomy staff	Holiday	Forearm flexor compartment Anatomy Dissections Whole Batch Dr. JJ, Prof. HA & all Anatomy staff	Enzyme Activity and Energy Metabolism Biochemistry PD Dr. WITF & all Biochemistry staff (Gr. 1-10)	Palm of Hand Anatomy Dissections/Prosections (Gr.11-20) Dr. LP, Dr. WK & all Anatomy staff	Enzyme Activity and Energy Metabolism Biochemistry PD Dr. WITF & all Biochemistry staff (Gr. 11-20)	Palm of Hand Anatomy Dissections/Prosections (Gr.1-10) Dr. WK, Prof. KD & all Anatomy staff
2.15-3.15							
3.15-4.15							

Week 07

Week 07

2025/2026 Batch Year 1 Semester 1 Final Time Table

Week 08

Time	Day 36 Monday 07.12.2026	Day 37 Tuesday 08.12.2026	Day 38 Wednesday 09.12.2026	Day 39 Thursday 10.12.2026		Day 40 Friday 11.12.2026	
8.00-9.00	Cell Cycle & division Anatomy Lecture Dr WK	Clinical correlations of upper limb Clinical Anatomy Lecture Orthopedic surgeon	Regulation of Gene Expression Biochemistry Lecture Dr. SPRPP	Bleeding/ hemostatic disorders Physiology Lecture Dr. DM		Biochemistry Reading Time 17	
9.00-10.00		Genetics Lecture III Anatomy Lecture Dr. JD	Biochemistry Reading time 14			Cell Cycle Biochemistry Lecture Prof. HKIP	
10.00-10.15	TEA BREAK						
10.15-11.15	Genetics Lecture I Anatomy Lecture Dr. JD	Upper limb Tutorial Dr. HA & all Anatomy staff	Biochemistry Reading time 15	Blood groups & Transfusions Physiology Lecture Prof. DN		Blood SGD Prof. AK and all Physiology staff	
11.15-12.15	Genetics Lecture II Anatomy Lecture Dr. JD		Biochemistry Reading time 16	Physiology reading time			
12.15-1.15	LUNCH BREAK						
1.15-2.15	Superficial veins & cutaneous innervations of lower limb Anatomy Dissections Whole Batch Dr. HA, Prof. KD & all Anatomy staff	Anterior & medial compartments of the thigh Anatomy Dissections Whole Batch Dr. WK, Prof. KD & all Anatomy staff	PPD & English	Biochemistry Reading time	Hemostasis Physiology PD Dr DM & Physiology staff (Gr. 1-10)	Biochemistry Reading time	Hemostasis Physiology PD Dr DM & Physiology staff (Gr. 11-20)
2.15-3.15							
3.15-4.15							

2025/2026 Batch Year 1 Semester 1 Final Time Table

Week 09

Time	Day 41 Monday 14.12.2026	Day 42 Tuesday 15.12.2026	Day 43 Wednesday 16.12.2026	Day 44 Thursday 17.12.2026		Day 45 Friday 18.12.2026	
8.00-9.00	Knee joint & leg Anatomy Lecture Prof HA	Inheritance Lecture 1 Anatomy Lecture Dr. JD	Water-soluble Vitamins Biochemistry Lecture Dr. HRLM	Physiology reading time		Fat-soluble Vitamins Biochemistry Lecture Prof. HKIP	
9.00-10.00	Genetics IV Anatomy Lecture Dr. JD	Inheritance Lecture 2 Anatomy Lecture Dr. JD		Physiology reading time			
10.00-10.15	TEA BREAK						
10.15-11.15	Genetics V Anatomy Lecture Dr. JD	Development of the Limbs Anatomy Lecture Dr. JJ	Genetic Information Biochemistry SGD 3 Prof. CNRAA & all Biochemistry staff	IAM Introduction Lecture Dr. WK		Physiology reading time	
11.15-12.15	Pedigree construction Anatomy Lecture Dr. JD	Human Evolution Anatomy Lecture Dr. JD		SGL			
12.15-1.15	LUNCH BREAK						
1.15-2.15	Gluteal Region Anatomy Dissections Hip joint Prosections/Images Whole Batch Dr. WK, Prof. KD & all Anatomy staff	Pedigree Practical Dr. JD (Lecture Theatre)	PPD & English		Physiology reading time		Physiology reading time
2.15-3.15							
3.15-4.15							

2025/2026 Batch Year 1 Semester 1 Final Time Table

Week 10

Time	Day 46 Monday 28.12.2026	Day 47 Tuesday 29.12.2026	Day 48 Wednesday 30.12.2026	Day 49 Thursday 31.12.2026		Day 50 Friday 01.01.2027	
8.00-9.00	Gluteal Region Anatomy Dissections Hip joint Prosections/Images Whole Batch Dr. HA, Dr. JJ & all Anatomy staff	Blood supply & lymph drainage of the limbs Anatomy Lecture Dr. WK	Minerals Biochemistry Lecture Dr. HRLM	Physiology reading time		IAM Hospital visit 1 Group (1-10)	
9.00-10.00		Posterior compartment of leg Anatomy dissections Whole Batch Dr. LP, Dr. WK & all Anatomy staff					
10.00-10.15	TEA BREAK						
10.15-11.15	Gluteal Region Anatomy Dissections Hip joint Prosections/Images Whole Batch Dr. HA, Dr. JJ & all Anatomy staff	Posterior compartment of leg Anatomy dissections Whole Batch Dr. LP, Dr. WK & all Anatomy staff	Biochemistry Reading Time 18	Physiology reading time		Physiology reading time	
11.15-12.15	Anatomy of Foot Anatomy Lecture Dr. JJ		Biochemistry Reading Time 19				
12.15-1.15	LUNCH BREAK						
1.15-2.15	Posterior compartment of thigh & Popliteal fossa Anatomy Dissections Knee joint Prosections/Images Whole Batch Prof. KD, Prof. HA & all Anatomy staff	Anterior compartment of leg & dorsum of foot/tarsal tunnel Anatomy Dissections Whole Batch Dr. WK, Dr. LP & all Anatomy staff	IAM Hospital visit 1 Group (11-20)			Physiology reading time	Physiology reading time
2.15-3.15							
3.15-4.15			SGL				

2025/2026 Batch Year 1 Semester 1 Final Time Table

Week 11

Time	Day 51 Monday 04.01.2027	Day 52 Tuesday 05.01.2027	Day 53 Wednesday 06.01.2027	Day 54 Thursday 07.01.2027		Day 55 Friday 08.01.2027	
8.00-9.00	Clinical correlations of the lower limbs Anatomy Lecture Orthopedic surgeon	Anatomy Reading Time	IAM Hospital visit 2 Group (11-20)	Physiology reading time		IAM CCR	
9.00-10.00	Anatomy Reading Time						
10.00-10.15	TEA BREAK						
10.15-11.15	Development of Pharyngeal arches Anatomy Lecture Dr. LP	Anatomy Reading Time	Vitamins and Minerals Biochemistry SGD 4 Dr. HRLM & all Biochemistry staff	IAM Hospital visit 2 Group (1-10)		SGL	
11.15-12.15	Gait Anatomy Lecture Dr. WK	Anatomy Reading Time					
12.15-1.15	LUNCH BREAK						
1.15-2.15	Anterior compartment of leg & dorsum of foot/tarsal tunnel Anatomy Dissections	Anatomy Reading Time	Meet your mentor			Physiology reading time	Physiology reading time
2.15-3.15	Whole Batch Prof. SBA, Dr. LP & all Anatomy staff		SGL				
3.15-4.15							

2025/2026 Batch Year 1 Semester 1 Final Time Table

Week 12

Time	Day 1 Monday 11.01.2027	Day 2 Tuesday 12.01.2027	Day 3 Wednesday 13.01.2027	Day 4 Thursday 14.01.2027	Day 5 Friday 15.01.2027
8.00-9.00	Overview of the Lower Limb Anatomy Lecture Prof. SBA	Radiological Anatomy of Limbs Radiological Anatomy Lecture Dr. JU	SGL	SGL	HOLIDAY
9.00-10.00		Anatomy reading time			
10.00-10.15	TEA BREAK				
10.15-11.15	Structure functional relationship of hand and foot Anatomy Lecture Prof. KD	Lower limb Tutorial Prof. SBA & all Anatomy Staff	SGL	SGL	HOLIDAY
11.15-12.15	Anatomy Reading Time				
12.15-1.15	LUNCH BREAK				
1.15-2.15	Sole of the foot Anatomy Dissections Ankle joint, joints of the foot Prosections/Images Whole Batch Dr. HA, Dr. JJ & all Anatomy staff	Mock spot Dr. LP & all Anatomy Staff	SGL	SGL	HOLIDAY
2.15-3.15					
3.15-4.15					

2025/2026 Batch Year 1 Semester 1 Final Time Table

Module & Module Co-ordinators

Venue for Lectures: Physiology Lecture Theater

MED 1101 - Foundation to Human Anatomy and Anatomy of Limbs Module - Dr. JK Dissanayake

MED 1102 - Foundation to Human Physiology - Prof. D. Nandadeva

MED 1103 - Biomolecules and Metabolism - Dr. SPRP Premathilake

MED 1104 - Personal and Professional Development Dr. Manel Rathnayake/ Dr. Wasana Kudagammana

MED 1105 - Integrated Applied Medicine 1A Module – Dr. W. Kosgallana

Name and the Department s of the teachers involved in the teaching programme:

Department of Anatomy

Dr. LYV Pathirana (Head)

Prof. SB – Prof. SB Adikari

Dr. JD - Dr. JK Dissanayake

Prof. HA – Prof. HA Amaratunga

Prof. KD - Prof. Keerthie Dissanayake

Dr. WK - Dr. W Kosgallana

Dr. JJ - Dr. Jayamini Jayarathne

Department of Physiology

Prof. DN - Prof. Damsara Nandadeva (Head)

Prof. TD - Prof. T Dassanayake

Prof. SDIN - Prof. SDI Nanayakkara

Prof. AK - Prof. A. Kariyawasam

Prof. ASA - Prof. AS Ariyasinghe

Dr. DM – Dr. D. Madhusanka

Department of Biochemistry

Dr. WIT - Dr. WIT Fernando (Head)

Prof. CNNRAA - Prof. CNRA Alles

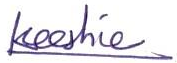
Prof. HKIP - Prof. HKI Perera

Dr. SPRPP - Dr. SPRP Premathilake

Dr. HRLM - Dr. HRL Maddumabandara

Department of Radiology

Dr. JU – Dr. J. Udupihille



Chairperson
Curriculum Coordinating Committee
Faculty of Medicine
University of Peradeniya

Prof. Keerthie Dissanayake
Chairperson / CCC

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